



A-WOW International Girls Leadership Initiative (A-WOW IGLI)

4th Annual Young Women Leadership Global Summit
“Investing In Today's Young Women for a Sustainable Tomorrow”

July 27 - August 3, 2014

Welcome to the 2014 A-WOW Young Women World Summit of CHANGE. Change is comprised of three key components Individual, Collective and Societal. Individual Change consists of interpersonal self-development skills and traits. Through Collective Change we discover the benefits of having the resources and support of family, school and the community. Together, we have the power of positive impact to create Societal Change. This occurs when changes in behaviors, values or social institutions occur. In order for societal change to occur, there must be people that act as agents of change. You are the Agents of Change.

Location: University of Dallas, 1845 E. Northgate Irving, TX.

Opening Day | Sunday - July 27

Official A-WOW Day Celebration – Experience culture immersion, diversity and culture exchange

Venue: Gorman Reception Hall

Donations accepted at the door. Proceeds are used to fund A-WOW’s education projects and programs.

Summit Blast off | Official A-WOW DAY

“Celebrating A-WOW Day through Cultural Exchange and Experience.”

- 02:00 pm – 03:00 pm Registration [Participants and parents only]
- 03:00 pm – 04:00 pm Welcome Orientation Policies and Procedures | Summit Preview
- 06:00 pm – 06:10 pm Mistress of Ceremony - Welcome Address and Opening Remarks
- 06:10 pm – 06:30 pm Introduction of A-WOW 2013 Ambassadors Candidates
- 06:30 pm – 06:40 pm Introduction of A-WOW – About Us
- 06:40 pm – 06:45 pm Mistress of Ceremony - Introduction of Keynote Speaker
- 06:45 pm – 07:30 pm Keynote Address - Debra Peek Haynes
- 07:30 pm – 07:40 pm Mistress of Ceremony - Brief on Cultural Dining
- 07:40 pm – 08:25 pm Cultural Dining - Multi Culturalism - Host African Association, Caribbean Association of Dallas, My Caribbean Caterer, Latino- Costa Rican Association, Raindrop Foundation, La Madeleine and Augusta [Entertainment while dining]
- 08:25 pm – 08:35 pm Dance performance
- 08:35 pm – 08:45 pm Cultural Beats - Drums
- 08:45 pm – 08:55 pm ‘Acknowledgments’ of Donors and Sponsors
- 08:55 pm – 09:05 pm ‘Acknowledgments’ of team A-WOW and Closing Remarks
- 09:05 pm – 09:30 PM Group Pictures
- 10:00 pm – 11:00 pm “Me Time” journal, unwind and prepare for tomorrow

All sessions onsite are held in the Carpenter Class Room # 219



Day Two | Monday - July 28

“Individual Change | Understanding Self and Achieving Goals - Personal Development.”

07:30 am – 08:00 am	Morning Walk
09:00 am – 09:30 am	“Icebreakers” – Introduction of Self
09:30 am – 11:00 am	Self-Discovery – Who am I? Identifying Personal Strengths
11:00 am – 11:10 AM	Break
11:10 am – 12:30 pm	Your Meaning & Purpose - Developing a Vision & Mission for Your Life
12:30 pm – 01:30 pm	Lunch
01:30 am – 02:30 pm	Building Self-Confidence
02:30 pm – 02:40 pm	Break
02:40 pm – 04:30 pm	Abuse & Forgiveness – Freeing yourself from anger & ill intent, without opening yourself up to abuse again
04:30 pm – 05:30 pm	Free-time
05:30 pm – 06:30 pm	Dinner
06:30 pm – 07:30 pm	Zumba
07:30 pm – 07:40 pm	Meditation break - Connecting Heart, Mind and Soul
07:40 pm – 09:00 pm	Action Lab #1 & online magazine

Day Three | Tuesday - July 29

Societal Change | Impact and Influences through Leadership

07:30 am – 08:00 am	Morning Walk
09:00 am – 11:30 am (10:30 – 10:40 break)	<p>“The VIEW A-WOW” Industry experts and participants will discuss three major issues and brainstorms those issues to find solutions.</p> <p>Host: Patrice Williams - Guests: Ava Combs, Rayshaunda Holt, Petrina Thompson, Mary Harper, Roseann Rosetti and [Doretta Gadeson via skype].</p> <p>Women and the Media – The Dove foundation</p> <p>AIDS and HIV – Mary Harper, Doretta Gadsen and Roseann Rosetti</p> <p>Women and Violence / Human traffic / Date Rape – Rayshaunda Holt, Petrina Thompson,</p> <p>[Not my life –YouTube trailers]</p> <p>Societal Change – Making a difference through leadership.</p>
11:30 am – 12:30 pm	Lunch and network
12:30 pm – 12:40 pm	Meditation - connecting mind, body and soul
12:40 am – 04:00 pm (02:40 – 02:50 break)	<p>Online Magazine / Brainstorming the topics (guest, panelist and participants)</p> <p>Break – Meditation - connecting mind, body and soul</p> <p>Real Talk Circle: Stewardship of your body - Postponing Sexual Involvement (drinking / clothing / date rape)</p>
04:00 pm – 05:00 pm	Free time
05:00 pm – 05:45 pm	Travel – arrival – unload
05:45 pm – 08:00 pm	Diner – Sponsor – Estilo Gaucho- [David Jeiel] Etiquette
08:00 pm – 08:45 pm	Travel – arrival – unload
08:45 pm – 09:45 pm	Zumba



Day Four | Wednesday - July 30

Collective Change City of Irving, Mayor Beth Van Duyne | Collaborating with Community and Government

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| 07:30 am – 08:00 am | Morning Walk |
| 09:00 am – 10:30 am | Collaborating Community and Government |
| 10:30 am – 10:45 am | Travel – arrival – unload |
| 10:45 am – 12:00 pm | Overcoming Setbacks in Life: Resilient living strategies. Living with resilience and willpower is about learning to adapt to change... Resilience and willpower requires us to persist despite the adversity that life throws... [actions and strategies to overcoming the obstacles and setbacks in your life]. |
| 12:00 pm – 12:15 pm | Travel – arrival – unload |
| 12:15 pm – 01:15 pm | Lunch |
| 01:15 pm – 02:25 pm | USA Education System Workshop-How can I get my high school diploma equivalent with the USA education system?
What is GPA?
What tests do I need to take as a student here in the USA or as a foreign student to be accepted at any USA university?
What is major and minor?
How is the international student visa process?
What is the financial sponsor? Bank statement letters?
Scholarship ACT SAT INT/National/ Competition |
| 02:30 pm – 03:30 pm | Education, Cultures, Challenges [dealing with different views and collaborating] |
| 03:35 pm – 03:45 pm | Meditation - connecting mind, body and soul |
| 03:50 pm – 05:00 pm | Action lab #2 |
| 05:05 pm – 06:00 pm | Dinner |
| 06:00 pm – 07:00 pm | Free time |
| 07:00 pm – 08:00 pm | Hear, Here! Poetry and Spoken Word - Learn how to capture your idea through the art in word and song. Youth from the community are invited.
Host: Emily Newsome, Masterpiece, Michael Quinn, Rage Poet... |
| 08:30 pm – 09:30 pm | Mix and Mingle |



Day Five | Thursday - July 31

Emotional Intelligence | Teambuilding and Human Dynamics

- 07:30 am – 08:00 am** Morning Walk
- 09:00 am – 10:35 am** Emotional Intelligence – Understanding Emotional Intelligence (EI or EQ) and its impact on effective leadership We all get stuck at some point in our lives. In this fun and lively discussion we will focus on understanding emotional intelligence and how it can help us get unstuck. Join us for exploring how emotional intelligence can help us break through our own glass ceilings (those limiting beliefs we hold on to tightly in our minds) so we can achieve extraordinary results.
- 10:35 am – 10:45 am** Break – Meditation - connecting mind, body and soul
- 10:45 am – 11:45 am** Female Relationships- Creating acceptable boundaries & building trust & honesty
- 11:45 am – 12:20 pm** Lunch
- 12:20 pm – 12:50 pm** Travel – arrival - unload
- 01:00 pm – 06:00 pm** GDX – Group Dynamix Event | Group Dynamix produces extraordinarily fun events for youth, corporations and organizations at the largest indoor team building center in the U.S.
GDX – Group Dynamix Event www.GroupDynamix.com
- (03:00 - 03:10 break)** Following Your Dreams
Girls 2 Girls – Empowering each other
Team Building – How to become an effective team
Leading Edge – Experience the ups and down of being a group leader, the challenges of gaining support and... Laser Mission, Archery, Chuck Wagon Derby and more FUN, FUN, FUN!
- (04:30 - 05:00 break)**
- 06:00 pm – 06:30 pm** Travel – arrival – unload
- 06:30 pm – 07:30 pm** Dinner – Sponsor - My Caribbean Caterer – Sprouts
- 07:35 pm – 09:35 pm** Wrap-up Leadership & Valuable Team Building Skills



Day Six | Friday - August 1st

Collective Change | Women and Leadership - Impact and Influences through Leadership
[Participants will interview women leaders in the community and create an online magazine]

- 07:30 am – 08:00 am Morning Walk
- 09:00 am – 12:00 am The A-WOW VIEW - Online Magazine - Host Patrice Williams, Guests: Rayshunda Holt
- (10:15 - 10:25 break) Meditation - connecting mind, body and soul
- 12:00 pm – 01:30 pm Lunch and network
- 01:30 pm – 05:00 pm Online Magazine / Women In Leadership (ambassadors create an online magazine)
- (03:30 - 03:40 break) Meditation - connecting mind, body and soul
- 05:00 pm – 06:00 pm Dinner
- 06:30 pm – 09:00 pm Movie night - Showing “NOT MY LIFE”: Moderator – Emily Newsome
- 09:00 pm – 10:00 pm

Day Seven | Saturday - August 2nd

Collective Change | Connecting Cultures | Global Diversity (BIG D - Tours and Excursions)

- 07:30 am – 08:00 am Morning walk - daily journal
- 08:30 am – 09:00 am load buses, depart University
- 09:00 am – 10:30 am South Dallas Cultural Center (learn the Capoeira dance)
- 10:30 am – 10:45 am load buses, travel - arrival - unload
- 10:45 am – 11:45 pm Latino Center [2600 Live Oak St, Dallas, TX]
- 11:45 am – 12:00 am load buses, travel - arrival - unload

- 12:30 pm – 01:30 pm Lunch @ Kyle Warren Park
- 01:30 pm – 01:45 pm load buses, travel - arrival - unload
- 01:45 pm – 03:45 pm Dallas Museum of Arts
- 03:45 pm – 05:00 pm Trammel Crow Collection Museum
- 05:00 pm – 05:30 pm load buses, travel - arrival – unload – Downtown Dallas
- 06:00 pm – 06:30 pm load buses, travel - arrival – unload – from UD
- 06:30 pm – 07:30 pm Dinner
- 07:30 pm – 08:30 pm Overcoming Cultural Obstacles and Becoming Entrepreneurs [Sponsored by Ritel Communications, Inc. Gershwyn Fortune]
- 08:35 pm – 09:00 pm load buses, travel - arrival - unload
- 09:45 pm – 12:00 pm PJ Party



Day Eight | Sunday - August 3rd

Individual, Collective and Societal Change | Graduation Gala

- 07:30 am – 08:00 am Morning walk
- 08:30 am – 10:00 am A-WOW CEO and Ambassadors breakfast – post assessment
- 10:00 am – 11:00 am Presentation & Graduation practice

GRADUATION GALA

The Role Of Women and Girls In Peace-building and Conflict Transformation

UNIVERSITY of DALLAS

Haggar Reception Hall 1845 E. Northgate. Irving, TX 75062

PROGRAM:

- 03:00 pm – 03:10 pm Welcome and Opening Remarks - A-WOW Summit Committee
- 03:10 pm – 03:15 pm Introduction of 2014 A-WOW IGLI Graduates
- 03:15 pm – 04:15 pm A-WOW IGLI Ambassadors Special Presentation
- 04:15 pm – 04:20 pm Introduction of Keynote Speaker
- 04:20 pm – 05:00 pm Keynote Address "The Role of Women and Girls in Peace-building and Conflict Resolution" Dr. Dilshad Dayani
- 05:05 pm – 05:10 pm 'Acknowledgements' of Donors and Sponsors
- 05:10 pm – 06:10 pm Dinner
- 06:10 pm – 06:15 pm Acknowledgement of team A-WOW & Closing Remarks -
- 06:15 pm – 06:30 pm Group pictures
- 06:30 pm – 08:30 pm Reflections and Celebration Time
- 08:30 pm – 09:00 pm Bon voyage: See You Next Year!

A-WOW reserves the rights to alter or change the schedules as needed.

Transforming Leadership One Girl at a Time

