LEAD Conference

September 9-13, 2018, Nashville, TN.

2♀18

8th Annual AWOW Young Women Leadership Global Summit

MEHARRY®
MEDICAL COLLEGE

#GIRLSLEAD18

ADVANCING WOMEN EQUALITY AND INCLUSION GLOBALLY

2018 Topics

Connecting Cultures Globally
Self-Acceptance & Personal Development
Environmental & Economic Sustainability
College Tours & Excursion

Keynote Speakers

P. Danielle Nellis
Nashville, TN.

Tameka Winston
Nashville, TN

Plenary and Action Lab Facilitators

Leslie Denman M.A.
Doretta Gadsden
Marguritte S. Johnson
Emily M. Newsome
Rwanda Wynder MPH
Genma Stringer Holmes

SPEAKERS

P. Danielle Nellis

NASHVILLE, TN

Tameka Winston

NASHVILLE, TN

Emily M. Newsome

DALLAS, TX

Doretta Gadsden. RN

BROOKLYN, NY

Genma Stringer Holmes

GREATER NASHVILLE AREA, TN

Marguritte S. Johnson

FARMERS BRANCH, TX

Leslie Denman M.A.

DALLAS, TX

Rwanda Wynder MPH

ATLANTA, GA

PROGRAM

8th A-WOW Leadership Global Summit | Advancing Women Equality and Inclusion Globally.

Click for Detail

Sunday Monday Tuesday Wednesday Thursday

Morning Arrival and Check-in | Registration & Orientation | Welcome & Pre-Conference Preview | Mix & Mingle.

AWOW CEO AND FOUNDER

Carolyn Wright

At the AWOW International Girls Leadership Initiative, we understand that striving toward cultural competency is not always easy work; it requires a high level of personal awareness, ethical courage, and intellectual challenge. Over the next eight days, you will embark upon an opportunity of a lifetime. The knowledge obtained and the experience you gain will propel you in your quest to become a global leader.

link Bio

Afternoon Summit Launch | Connecting Cultures Globally | Nashville Tours |

AWOW CEO AND FOUNDER

Carolyn Wright

As a participant at the 2018 AWOW Equality and Inclusion Conference, you will have a unique opportunity for skill-building, learning, community making, and enrichment.You will:

- Attend sessions led by professionals in the fields of equity, inclusion and social justice.
- Challenge and explore your own ideas and practices.
- Gain the skills to build safe-spaces while engaging in constructive conversation.
- Learn to advocate for change at all levels

Sunday Monday Tuesday Wednesday Thursday

07.00 Morning Walk - 30 mins

09.00 P. Danielle Nellis | Advancing Gender Equality and Inclusion

KEYNOTE SPEAKER, ADJUNCT PROFESSOR AT VANDERBILT

P. Danielle Nellis

Women account for one-half of the potential human capital in any economy. More than half a billion women have joined the world's work force over the past 30 years, and they make up 40 percent of the agriculture labor force. According to the World Bank, countries with greater gender equality are more prosperous and competitive.

While women make up more than 40 percent of the agriculture labor force only 3 to 20 percent are landholders. In Africa, women-owned enterprises make up as little as 10 percent of all businesses. In South Asia, that number is only 3 percent. And despite representing half the global population, women comprise less than 20 percent of the world's legislators.

60 mins Room 201

10.10 Action Lab I: "How to Manifest Your Dreams" | Vision Board

CEO | FOUNDER - WOMEN WILL BLOOM - BROOKLYN, NY

Doretta Gadsden RN

This session aims to increase participant's self-knowledge about their values and vision, as well as enhance their capabilities as a leader and a team player. This session aims to inspire and empower young women across the globe to engage in purposeful career development, entrepreneurship, and take on leadership for important causes –– to lead change with more conviction and confidence and improve their lives, families, and communities. There is one relationship that affects your life more than any other. No matter who you are, what you do, or what you want to achieve, it is this essential relationship that influences every step you take on your life journey: Your relationship with yourself.

100 mins Room 201

12.00 Lunch

13.00 Action Lab II: "Healthy Relationship Skills and Recognizing Unhealthy Relationships" | "The VIEW A-WOW"

ENTREPRENEUR | WRITER| RADIO HOST

Genma Stringer Holmes

"Relationships are what we're about;"that's what our life is about – our relationships with ourselves, with each other, with our environment, and with the world... Because at the end of our life, relationships are all we have. This interactive action lab will focus on healthy relationship skills and unhealthy relationships including cyberbullying, dating violence, and bullying. This session addresses the questions, "What are some ways to identify and deal with unhealthy relationships? And what strategies can people use to enhance relationships? What are some internal and external support resources that are available for people dealing with unhealthy relationships? What are some ways to identify and deal with unhealthy relationships?"

Industry experts and participants will discuss three major issues; Women and Violence, Date Rape | Eradication of Human Trafficking and Sexual Exploitation | AIDS, and HIV | Women in the Media and brainstorm those issues to find solutions.

24-hour National Domestic Violence Hotlines (Seven days a week)

National Bilingual Hotline: (800) 799-SAFE (-7233) (will translate into over 130 languages) | TTY: (800) 787-3224

American Psychological Association (APA) |(offers a practice directory for referrals to psychological services)(800) 374-2723 | TTY: (800) 336-6123

YMCA of the U.S.A. | (800) 872-9622 . YWCA of the U.S.A. | (202) 467-0801 120 mins

Room 201

Guests: Leslie Denman, Doretta Gadsden, Marguritte S. Johnson, Emily Newsome, and Rwanda Wynder.

15.00 Action Lab III: “Mind Body and Soul”

CEO | FOUNDER OF WOMEN WILL BLOOM - BROOKLYN, NY

Doretta Gadsden

Guided Meditation is a technique used by individuals, which help them to learn how to focus their mind on an object, thought or activity, to achieve a mentally clear and emotionally calm state of mind. This session aims at reducing stress, anxiety, depression, and pain, while increasing peace, perception and wellbeing.

15 mins Room 201 Guests: Leslie Denman, Doretta Gadsden, Emily Newsome, Rwanda Wynder.

15.15 Action Lab IV: “Healthy Living & Healthy Lifestyle”

HEALTH EDUCATOR | CO-FOUNDER “WOMEN HELPING WOMEN HEAL” - ATLANTA, GA

Rwanda Wynder MPH

Utilizing holistic measure in caring for yourself. This session will touch on topics such as your well-being and address the basic needs by examining issues related to a healthy diet, food insecurity, and food-desserts crisis. Its focus is centered around healthy-living and is intended to help you gain information and increase your knowledge of healthy living topics.

75 mins Room 201

16.30 Free Time

17.30 Dinner

18.30 Community Project: ABCD

20.15 Zumba 60 mins

Sunday Monday Tuesday Wednesday Thursday

07.00 Morning Walk ~ 30 mins

09.00 Action Lab V: Part I "Building Your Career on Your Strengths" | Career Advancement and How to Achieve It

FOUNDER AND WORD COACH, OFFERINGS - DALLAS, TX

Emily Newsome

The session aims at answering our career advancement and what propels us upward? What are your leadership goals and aspirations? How do you define career success? "What do you have to offer in the global economy? How can you break barriers and advance women in global leadership?"

105 mins Room 201

11.00 Action Lab VI: “Overcoming Setbacks in Life”

CEO | FOUNDER OF (S4S) STAND 4 SISTERHOOD - FARMERS BRANCH, TX

Dr. Marguerite Johnson

Preventing Burnout Living with resilience and willpower is about learning to adapt to change... Resilience and willpower require us to persist despite the adversity that life throws... [Actions and strategies to overcome the obstacles and setbacks in your life].

60 mins Room 201

12.00 Lunch

13.00 Action Lab V: Part II. "Building Your Career on Your Strengths"

FOUNDER AND WORD COACH, OFFERINGS - DALLAS, TX

Emily Newsome

“Career Personality Assessment - ways to leverage your skills, and how to work with other career personality types. “How to acquire valuable employee skills and gain experience to build your skill set and securing employment.”

60 mins Room 201

14.00 Plenary: “Mental Illness, Drug Addiction and Female Incarceration”

ENTREPRENEUR | WRITER| RADIO HOST

Moderator: Genma Stringer Holmes

Getting to the Root of Addiction: Dual-diagnosis often comes with a long line of misconceptions. Drug addicts tend to have an underlying mental illness along with their addiction that, if not diagnosed and treated, will further drug abuse, relapse, and/or mental torment. In this session, we will discuss addiction and its impact on mental illness. You will learn the importance of treating both conditions at the same time and where to find resources and support systems to help you.

With more than one million women behind bars or under the control of the criminal justice system, women are the fastest growing segment of the incarcerated population increasing at nearly double the rate of men since 1985. Incarcerated women are a segment of this population who have remained even more invisible than their male counterparts. Few have bothered to ask who these women are, how they end up in prison, and what type of support they need to resume their lives after their sentences are served.

What happens to the children and families of incarcerated mothers?

- How have women been disproportionately targeted in the "War on Drugs"
- The impact on women and the relationship between domestic violence and incarcerated women?
- What types of alternatives to incarceration will benefit communities?

120 mins Room 201

Panel: Doretta Gadsden, Marguritte S. Johnson, Emily Newsome, P Danielle Nellis

17.00 Dinner

18.00 Community Project: ABCD

20.30 Zumba 60 mins

Sunday Monday Tuesday **Wednesday** Thursday

07.00 Morning Walk ~ 30 mins

08.30 COLLEGE TOURS & EXCURSION | Load van and depart

09.00 TENNESSEE STATE UNIVERSITY

11.00 MEHARRY MEDICAL COLLEGE

12.30 Lunch

14.00 FISK UNIVERSITY

15.45 VANDERBILT UNIVERSITY

17.30 Dinner

18.45 Community Project: ABCD

20.30 Zumba 60 mins

Sunday Monday Tuesday Wednesday **Thursday**

08.00 Breakfast ~ 50 mins

09.00 Community Project Presentation

TEAM COMMUNITY PROJECT

Asset Based Community Development (ABCD)

How can young women seen in the community positively impact the community ? Recognizing the assets of individuals and communities is more likely to inspire positive action for change from within than an exclusive focus on needs and problems. This session will focus on what is present in the community rather than on what is absent and requires us to look afresh at marginalized communities and see opportunities rather than problems.

60 mins Room 201

10.00 Tameka Winston | "Pushing Past Your Fears and Overcoming Adversity"

KEYNOTE SPEAKER

Tameka Winston

Tameka Winston, an inspiring keynote speaker will share success strategies to help you stand up to any challenge by embracing adversity and your fears. No matter what challenges you're facing, the true measure of success is how well you respond to change, self-doubt, setbacks, and fear. In this session you will learn:

- How to equip yourself to conquer obstacles in your personal and professional life.
- What it takes to Stretch Yourself beyond your paralyzed state.
- Examine why your Willingness to Fail But Your Unwillingness to Quit is a leadership trait.
- Understand what it really means to Go with Your Fear and Never Give Up.

60 mins Room 201

11.00 ACTION LAB X - THE NEXT STEPS: WHERE DO WE GO FROM HERE?

A-WOW CEO AND FOUNDER

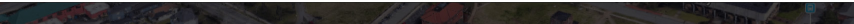
Carolyn Wright

The next phase of A-WOW International Girls Leadership Initiative. In this session, we will discuss expansion (Nashville), the way onward and ways to ensure AWOW'S success and sustainability.

45 mins Room 201

11.45 Post Arrival Experience (ROUNDTABLE)

12.00 Lunch at Knowles - FWOP



VENUE

Meharry Medical College is one of the nation's oldest and largest historically black academic health science centers dedicated to educating physicians, dentists, researchers, and health policy experts.

Founded in 1876 as the Medical Department of Central Tennessee College, Meharry was the first medical school in the South for African Americans. It was chartered separately in 1915.

Meharry Medical College

MEHARRY

ADDRESS

Cal Turner Family Center (CTC), Room 201
1011 21st Ave N
Nashville, TN 37208
(615) 327-6105

MORE INFORMATION

Conference Affiliates

A-WOW 2018 LEAD
ADVANCING WOMEN'S EQUALITY AND INCLUSION GLOBALLY

FWOP Future Without Poverty UNT

Women will Bloom Accept. Heal. Rise

STAND 4 SISTERHOOD Uniting Girls & Women Globally

Knowles Home Assisted Living and Adult Day Services

A-WOW 2018 LEAD

WOMEN HELPING WOMEN HEAL

SPONSORS

Southwest

TARGET

Walmart

SPROUTS FARMERS MARKET

ner Family Center ...
e N, Nashville, TN 37208
Directions
Save
1 review
ap
Meharry Blvd
The Rock United Ministries
24th Ave N
Meharry-Vanderbilt Alliance
VA Outpatient Clinic At Meharry
Meharry Family Practice
Fisk University
Phillips St
Andrew Jack
16th Ave N
Alameda St
The Cal Turner Family Center at Meharry...
Fisk University Galleries (Carl Van Vechten...
Jackson St
17th Ave N
Westwood Baptist Church Center
Pedestrian Bridge
26th Ave N
25th Ave N
Albion St
Blank St
Morena Place at Meharry Medical College
Dialysis Clinic, Inc
Morena St
Herman St
Pearl-Cohn Entertainment Magnet High School
Eden St
Google
Map data ©2018 Google, Nashville Davidson Co

#GIRLSLEAD18

Advancing Women's Equality and Inclusion Globally

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A-WOW

Inform Inspire Impact

Carolyn Wright

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A-WOW International Girls Leadership Initiative

A-WOW 2018 LEAD

ADVANCING WOMEN'S EQUALITY AND INCLUSION GLOBALLY

GLOBAL INITIATIVE
A-WOW
2015 A-WOW WORLD SUMMIT
JULY 26 - AUGUST 2, 2015
KEYS TO UNLOCKING THE POTENTIAL WITHIN

A-WOW Young Women Empowerment Conference

"Girls 2 Girls - Transforming the World"

INFORM
INSPIRE
IMPACT

awownow.org

REGISTER

$0.00 EARLY BIRD

Date has expired

$550 BEFORE 07/31/18

A saving of $75.00 USD

All-inclusive

lodging, meals, excursion

lectures, goody bags and tours

$625 AFTER 07/31/18

All-inclusive

lodging, meals, excursion

lectures, goody bags and tours